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SPEAKING 2.1 Talk about what motivates you at work 2.2 Talk about dangerous jobs 2.3 Discuss likes/dislikes 2.4 Describe your work/life balance

LISTENING 2.1 Listen to interviews about jobs 2.4 Watch an extract from a BBC

documentary about commuting

READING 2.2 Read a newspaper article about dangerous jobs

2.4 Understand a survey about work/life balance

WRITING 2.1 Write an email about work experience

2.4 Write a web comment about work/life balance

ВВС **INTERVIEWS** What do you do?



2.1) THE COMPANY 4 U?

g present simple and continuousp word stresswork

VOCABULARY

WORK

- 1 Discuss the questions.
 - 1 What are the people doing in the photo?
 - 2 What sort of company is it?
 - **3** Would you like to work for a company like this? Why/Why not?
- 2 A Work in pairs. Match the words in the box with definitions 1–10.

company employee salary office customer employer staff task boss bonus

- 1 a business that makes or sells things or provides services *company*
- 2 a person who buys products or uses services
- **3** extra money given to a worker (often for especially good work)
- 4 a place where many people work at desks
- **5** a worker
- 6 a job you need to do
- 7 a person who manages the workers in the company
- 8 everyone who works in the company
- **9** a fixed, regular sum of money given to someone for doing a job
- 10 a person or business that pays workers to do a job

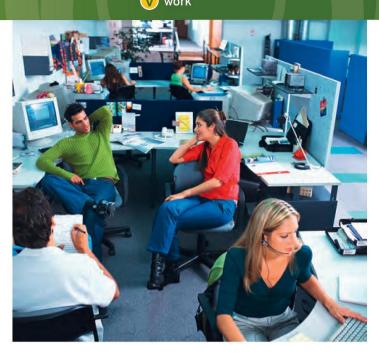
B 2.1 **WORD STRESS** Listen to the words and repeat.

SPEAKING

3 A Work in pairs. Discuss. What are the most important things for people who work? Number the items below in order of importance. 1 = very important. 8 = not important at all.



B Compare your ideas with other students.



LISTENING

4 A 2.2 Listen to someone talking about how companies motivate their staff. How are the pictures (A–D) connected to the ideas?

mo.ti.vate /'məʊtəveɪt \$ 'moʊtəˌveɪt/ verb to make someone want to do something: Teachers should motivate students to stay in school.

From Longman WordWise Dictionary.









- B Listen and check. Which other ideas do they talk about? Which ideas do you think are the best?
- 5 A 2.3 Listen to three employees describing what they are doing. Tick the activities they mention.

watching a film choosing a CD fishing studying waiting for a customer making coffee having a massage checking emails

- **B** Listen again. Answer the questions.
- 1 What is the 'agreement' between the two shops?
- 2 What does the company pay for?
- **3** Why can the woman start work at 1p.m.?

GRAMMAR

PRESENT SIMPLE AND CONTINUOUS

- 6 \triangle Read sentences a) and b). Answer the questions.
 - a) This is the clothes shop.
 - b) I'm having a break.
 - 1 Which sentence describes something that is always true?
 - 2 Which sentence describes a temporary situation?
 - **3** Which sentence uses the present simple?
 - **4** Which sentence uses the present continuous?
 - **B** Read sentences a)-d). Answer the questions.
 - a) I'm choosing my free CD for the week.
 - b) I'm checking my emails.
 - c) I'm studying history.
 - d) Six of us are doing online courses.
 - 1 Which two sentences refer to this exact moment?
 - **2** Which two sentences refer to the general present, but not to this moment?

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- Make two sentences or questions with the prompts.
 Use the present simple and present continuous.
 - 1 you / work on a special task at the moment? on Saturdays?

Are you working on a special task at the moment? Do you work on Saturdays?

2 I/look for a job at the moment

at my emails when I get to work

3 I / not / use English for my job

the photocopier at the moment

4 you / watch the news on TV every day?

TV right now?

5 I / not / read any good books at the moment

a newspaper every morning

6 you / have a good time at this party?

a company car?

7 I / sell my house

IT products to companies in Asia

- 8 A Make you questions with the prompts. Use the present simple or present continuous.
 - 1 think/your salary/good?

Do you think your salary is good?

- 2 speak / any other languages?
- 3 why / learn English?
- 4 study for / an exam / now?
- 5 work on / a special project / at the moment?
- 6 have / your own / office?
- 7 like/your/boss?
- B Work in pairs. Choose four or five questions to ask your partner. Find similarities and differences between you and your partner.

WRITING

STARTING/ENDING AN EMAIL

9 A Look at the phrases below. Which are formal (F) and which are informal (I)?

Starting an email

Dear colleagues F

Dear Sir Hi Dear Dr Bryce Hello

Dear All Hi everyone

Introducing the main topic

I am writing about ... It's about ... Regarding ...

Ending an email

See you soon Best wishes Bye for now I look forward to hearing from you Best regards Speak soon Take care Cheers Love Yours sincerely

B Read the email. What work does Vanessa do?

Dear Mr Shaw,

I am writing to apply for the position at your company advertised in JSI. I believe my personal qualities and my experience make me a good candidate for this job.

I worked for Seng Tech for three years, producing designs for apps. Our customers included Sherring Inc. and BTZ Co. I am currently developing mobile apps for two other companies.

I am very motivated by interesting tasks and I am looking for a chance to develop my skills in a bigger company.

I look forward to hearing from you.

Yours sincerely,

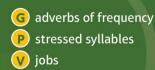
Vanessa Chiarollo

- Read the advert and write to BES. Use the prompts below and phrases from Exercise 9A.
- 1 Say why you're writing and introduce yourself.
- 2 Say what you're doing now (studying English, etc.).
- **3** Ask for information about BES's work experience programme.
- 4 End the email.

BES is an international furniture design company. Based in Ankara, we design and produce household furniture in 15 countries. We are looking for people who want work experience in design, sales and other areas.

Write to Hakan Balik at hbalik@BES.nett.

2.2) A RISKY BUSINESS

















VOCABULARY

JOBS

- **1** A Work in pairs. Discuss. Which are the best/worst jobs? Think about:
 - · meeting people
 - opportunities to travel
 - · problems to deal with
 - tasks
 - hours of work
 - salary
 - B Match the jobs with photos A-G.

sales rep fashion designer IT consultant foreign correspondent personal trainer rescue worker motorcycle courier

C 2.4 STRESSED SYLLABLES Listen and repeat. Underline the stressed syllables.

sales rep

speakout TIP

The stressed part of a word or phrase sounds l o n g e r, LOUDER and higher than the other parts. Practise saying new vocabulary, focusing on the stressed parts.

2 A Complete the phrases with the words in the box.

W	ork	deal wit	h ris	sk	get
1		a goo	d sala	ıry	//long holidays
2		in a t	eam/ı	ınd	der pressure
3		their	lives/	yoı	our health
4		probl	ems/d	us	stomers
В	Use	the phras	es to	tal	lk about the jobs in Exercise 1.
IT	consi	ultants ge	t a go	od	d salary.

3 A Complete sentences 1–6 with the words in the box.

٤	get	team	under	deal	holidays	risk	
1		ople are od salar		otivat	ed when t	hey	a
2	Pe	ople wo	rk bette	r	_ a lot of	pressur	e.
3	lt's	import	ant that	emplo	yees get l	ong	
4	Pe	ople wh	0	_ their	lives at w	ork shou	ıld get
	mo	re mon	ey.				
5	lt's	more e	njoyable	to wo	rk in a	tha	n alone.
6	The	ese day:	s, people	usual	ly	with the	eir own
	IT I	problem	ıs.				

B Work in pairs. Discuss. Which of the sentences above do you agree/disagree with? Why?

READING

- 4 A Work in pairs. Discuss. Which of the jobs in Exercise 1 do you think is the best paid, most interesting or most dangerous? Why?
 - B Work in groups. Student A: read the text below. Student B: read the text on page 160. Student C: read the text on page 162. Make notes on:
 - job
 - country
 - · people interviewed
 - · why the job is dangerous
 - · special memories/stories
 - C Tell your group about your text using the notes.

Danger Rating 6/10

Up in the mountains, the view is beautiful. But not for emergency doctor Martin Schmidt, paramedic Marius Adler and helicopter pilot Klaus Hartmann. Their job is to find and rescue people in trouble: climbers



caught in an avalanche, injured skiers, even lost walkers. Reporter Lucy Rose met the team and asked them about their work.

Adler says they love their jobs, but they sometimes get angry with the people they rescue. 'Climbers always risk their lives, but when they get into trouble they also risk ours.'

What exactly are the dangers? Hartmann says that, although the sun is shining today, they usually fly in much worse weather conditions, which can be very dangerous. Another problem is that, often, the people they rescue are frightened. They panic, and this makes it difficult for the team.

And what are the best things about the job? Hartmann says, 'Saving lives is its own reward.' And occasionally they get a surprise. 'One time we rescued a woman after a skiing accident. She was badly hurt. Later her husband brought us a huge box of chocolates.' The people they rescue, Schmidt explains, hardly ever say thank you!

GRAMMAR

ADVERBS OF FREQUENCY

- 5 A Look at sentences 1–9. Put the words in bold in the correct place on the line.
 - 1 He never worries.
 - **2 Often** the people they rescue are frightened.
 - 3 The mountain rescuers sometimes get angry.
 - 4 It usually involves a few broken bones.
 - **5** Life as a jockey is **rarely** safe.
 - 6 These people always risk their lives.
 - 7 The people they rescue hardly ever say thank you.
 - 8 Once in a while jockeys even die during a race.
 - **9 Occasionally** they get a surprise.



B Read your text again. Underline all the adverbs or expressions of frequency. Look at the other texts to find more examples.

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- **6** A Find and correct the mistakes in sentences 1–6. There is one mistake in each sentence.
 - 1 I work always at night.
 - 2 Once on a while I study at weekends.
 - 3 I ever hardly study alone.
 - 4 I work at home occasional.
 - **5** It is sometime difficult to study and work at the same time.
 - 6 I don't usual miss classes because of work.
 - **B** Write four sentences about your job or studies.

I deal with customers once in a while.

Compare with a partner.

SPEAKING

- A Work in groups. You are making a TV programme about dangerous jobs. Discuss the questions and choose three jobs for your programme.
 - **1** Which jobs are dangerous? Why? How often are the people in dangerous situations?
 - **2** Which jobs are the most interesting for your TV audience?
 - **3** Who will you interview for the programme? What questions will you ask them?
 - B Work with another group and compare your ideas.

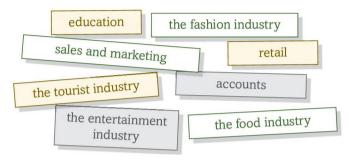
2.3) I LIKE WORKING OUTSIDE

Expressing likes/dislikesIntonation: sound interestedV types of work

VOCABULARY

TYPES OF WORK

1 A Work in pairs. Look at the types of work below. Answer the questions.



- 1 Which industry does a chef, cook and waiter work in?
- 2 Which industry does a model and fashion designer work in?
- **3** What types of jobs are there in the entertainment industry?
- **4** What types of jobs are there in retail?
- B Look at photos A–D. Which industries are the people working in?

FUNCTION

EXPRESSING LIKES/DISLIKES

- **2** A 2.5 Listen to an interview with someone about his job. What job is it? What does he like about it?
 - **B** Listen again and complete the sentences.
 - 1 I like outside.
 - **2** I can't stand at a desk all day.
 - 3 | absolutely love _____
 - 4 I don't like _____ in a team. I prefer working alone.
 - **5** I **don't mind** my hands dirty.
 - 6 I'm keen on _____ new things.
 - 7 | hate _____ under pressure.
 - 8 I'm not very keen on _____ for a company. I want to be my own boss.
 - C Read the sentences. Which phrases in bold are very positive (+ +), positive (+), negative (−), or very negative (−)? Which are not positive or negative (*)?
- 3 A Which of the statements in Exercise 2B is true for you?
 - B Work in pairs. Find out three things that your partner loves/likes/hates and write sentences about them. Use the phrases in Exercise 2B to help.

Maria can't stand smoking.

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LEARN TO

RESPOND AND ASK MORE QUESTIONS

- 4 A 2.6 Read and listen to the extracts from the audio script. Notice how the listener responds and complete the phrases. The first has been done for you.
 - **M:** One good thing about my job is that I like working outside.
 - **W: I** ¹ see .
 - **M:** I travel a lot and I absolutely love travelling, particularly in South America and Australia.
 - **W: Right. And what** ²_____ your colleagues, people you work with?
 - M: I don't like working in a team. I prefer working alone.
 - W: 3_____? And what about the type of work?
 - M: You're always discovering new things.
 - W: That's great. It 4 wonderful.
 - **B** 2.7 INTONATION: sound interested Listen and repeat the phrases in bold. Notice the intonation. Copy the intonation to sound interested.
 - C Look at audio script 2.6 in Exercise 4A. Underline other examples of comments and questions. Write them in the table.

comments	I see.
questions	And what about?









- **5** A Work in pairs. Student A: complete sentences 1–4. Student B: complete sentences 5–8.
 - 1 I got a new job as a _____.
 - **2** Yesterday I bought a new _____.
 - 3 I'm going on holiday to _____.
 - 4 Last night I saw _____
 - **5** I've always wanted to _____
 - **6** Yesterday I learnt how to _____.
 - 7 I watched a great film about _____.
 - The state of the
 - **8** This morning I met _____.
 - B Work in pairs and take turns. Student A: read a sentence. Student B: respond and ask a follow-up question.
 - **A:** I just got a new job as a ski instructor!
 - **B:** Really? When do you start?

SPEAKING

- A Work in pairs. What is the perfect job for you? Think about your job now or a job you'd like in the future. Make notes on the:
 - industry (entertainment, tourism, medical ...)
 - type of work (creative, manual, information-based ...)
 - skills (networking, writing, planning ...)
 - hours (9-5, flexible ...)
 - location (outside, in an office, travelling ...)
 - people (work alone, in a team, in a large corporation ...)
 - B Work with other students. Talk about your perfect job. As you listen, respond and ask questions.

My perfect job is in the tourist industry. I like meeting new people and I absolutely love showing people around my city.

DVD PREVIEW

- 1 Work in pairs. Discuss the questions.
 - 1 How do you get to college/work?
 - 2 How long would you be prepared to travel to school/ work (one hour/three hours)?
- **2** A Read the programme information and answer the questions.
 - 1 What was Justin unhappy about before?
 - 2 What did he decide to do?

The Money Programme: Dream Commuters



The Money Programme is a BBC documentary series. Dream Commuters tells the story of a man who was **fed up with** his journey to work and his lifestyle. Every day there was a lot of **traffic** on the roads and the **commute** to work took a long time. He wasn't happy with his work/life balance. So he bought a **property** in France and took his family to live there. He now takes cheap **flights** to work. He is one of a growing number of **commuters** who live in another country. He says it has **transformed** his life.



B Match the words in bold in Exercise 2A with meanings 1–7.

- 1 completely changed
- 2 journeys in a plane
- 3 people who travel to work
- 4 cars, motorbikes, etc. on the road
- 5 journey to work
- 6 a building or land that you own
- 7 unhappy with something, so you want to change it

DVD VIEW

- 3 A Watch the DVD. Do you think Justin's life is better now? Why/Why
 - **B** Are the sentences below True (T) or False (F)?
 - 1 More and more people are choosing to live abroad and commute to their jobs in the UK.
 - **2** Justin is manager of an online business based in the UK.
 - **3** Justin's commute costs him hundreds of pounds every week.
 - **4** Justin's journey home is about 70 miles.
 - **5** Justin's wife and children stay in France while he travels to the UK every week.
- 4 Watch the DVD again. What exactly do they say? Underline the correct alternative.
 - 1 'We were fed up with waiting in the airport/the commuting and the traffic.'
 - 2 'He's one of a group of travellers/ commuters who take the same flight to Toulouse every week.'
 - **3** 'We looked on the internet and we saw properties available *much cheaper/more expensive* than in Britain.'
 - **4** 'That's the house down there. With the *swimming pool/terrace*.'
 - **5** 'We've just transformed our *house/ lifestyle*.

5 Work in pairs. Discuss the questions.

- 1 Could you be a 'dream commuter' with your present job/studies?
- 2 Where would you choose to live and how would you get to work?

speakout work/life balance

6 Read the text and discuss the questions.

In the UK, people work 43.5 hours per week on average. Men work 46.9 hours. In France, the average working week is 35 hours. Research also shows that 16 percent of UK workers work over 60 hours per week. At home in the UK, working parents play with their children for only 25 minutes per day. 1 out of 8 (12.5 percent) fathers see their children only at the weekend.

- 1 Is the work/life balance the same in your country?
- **2** Do you think people work too much? What problems can this cause?
- **3** Are you happy with your work/life or study/life balance? Why/Why not?
- 2.8 Listen to an interview with a student. Does she have a good work/life balance? Tick the key phrases you hear.

KEYPHRASES

How much time do you spend ... (sleeping/relaxing/commuting)?

I spend a lot of time ... (working/doing exercise)

Do you ever ... (have a holiday)?

What about your ... (social life/weekends)?

How do you spend your weekends?

8 A Write some questions about work/life balance. Use the things in the box to help you.

exercise/sport social life family weekends enjoyable hobbies holidays work/study habits

How much time do you spend with your family?

B Work in groups and take turns. Ask and answer your questions. Find someone who has a similar work/life balance to you.

writeback a web comment

- **9** A Read the entry to www.worklife247.nett. Answer the questions.
 - 1 Is this a stressful job? Why/Why not?
 - 2 Would you like a job like this?



22-10-16 Posting 1

I'm a personal trainer. I eat well and I do a lot of exercise. I spend about five hours a day working with clients. In general, I think my work/life balance is good. I take time off every few months just to relax, and I rarely get stressed. Once in a while I go out partying. For me, a balanced lifestyle is really important. When I was younger, I worried if I missed a day of exercise. These days I don't worry about it.

My only problem is the one-hour commute. I hate taking the train every day and it's expensive. I'm planning to move house so I can live near the gym where I work and walk to work every morning.

Comment



2.5 (LOOKBACK

© PRESENT SIMPLE AND CONTINUOUS

1	Work in pairs. Which verb can you use for a) and b)?
	Put each verb into the present simple or present
	continuous.

1	a)	Don't swite	h off the	TV! I	m	watching it.	
---	----	-------------	-----------	-------	---	--------------	--

b) I love that programme! I	watch	it every	week.
------------------------------------	-------	----------	-------

2	a) Can you call	me back	later? I	my
	homowork			

b)	I try to keep fit. I	yoga	and	aerobics
	every day			

2	-11	love tennis, but I	بالمصا
3	aı ı	love tennis, but i	badlv

b)	Sorry, I can't he	ar you	because	Matthew _	
	the piano.				

4	a)	_ about twenty text messages a day
	usuallv	to friends.

	asaatty to 1	iciias.
b)	She	a book. It will be published nex
	vear	

5	a) Dadd	y can't come home now. He	late at
	the office.		

- **b)** Usually he _____ from 9a.m. to 5p.m. from Monday to Friday.
- **6 a)** I like to spend time with friends. That's what _____ me happy.
 - **b)** I _____ some coffee. Do you want some?
- **7 a)** She loves the school. She _____ a lot of friends there.
 - **b)** Jill _____ some problems with her phone. Can you check it?
- **8 a)** He only met his real father last month. They to know each other now.
 - **b)** In the UK, about 50 percent of married couples _____ divorced.
- **9 a)** She always _____ a book to her son before he goes to sleep.
 - **b)** I _____ his new book at the moment. It's really good.
- **10 a)** Hi Tim! I'm in town for a week. I _____ an old friend.
 - **b)** When we go to London, we usually _____ the National Gallery.

A Make six true sentences about your life/job. Use a word/phrase from each box.

at home my friends in bed at the weekend in the bath on Friday evening my family during my holidays at my desk

work drink play do sing eat write talk call visit

often sometimes rarely never always usually once in a while occasionally hardly ever

B Work in pairs and compare your sentences.

A: I rarely work at my desk.

B: Do you often work at home?

© ADVERBS OF FREQUENCY

3 A Match questions 1–7 with answers a)–g).

- 1 How often do you play sport?
- 2 Do you usually get up before 7a.m.?
- **3** How often do you phone your mother?
- 4 Do you eat a lot of meat?
- 5 How many texts do you send in a week?
- **6** Do you ever go camping?
- 7 How often do you read a newspaper?
- a) Yes, my children wake me up at 5.30a.m.
- b) I don't know. Maybe twenty.
- c) Very rarely. I watch the news on television.
- d) I play football once in a while.
- e) No, hardly ever. I prefer fish.
- f) Once a week. We always speak on Sundays.
- g) Yes, occasionally. But it usually rains.
- **B** Work in pairs and take turns. Ask and answer questions 1–7.

W WORK AND JOBS

4 Work in pairs and take turns. Student A: choose a word/phrase from the box. Student B: choose another word/phrase and explain the connection between them.

IT consultant office staff work in a team foreign correspondent sales rep risk their lives fashion designer boss deal with customers task motorcycle courier company get a good salary opportunity rescue worker personal trainer deal with problems

A: IT consultant

B: An IT consultant deals with problems related to technology.

(F) EXPRESSING LIKES/DISLIKES

- **5** A Work in pairs. How well do you know your partner? Think of questions for answers 1–6.
 - 1 Tabsolutely love it.
 - 2 I can't stand it.
 - 3 I don't like it very much.
 - 4 I don't mind it.
 - 5 I'm not very keen on it.
 - 6 I like it.
 - B Ask your partner the questions. Ask follow-up questions to find out more.
 - A: Do you like Italian food?
 - **B:** I absolutely love it.
 - **A:** What's your favourite dish?
 - B: Spaghetti Bolognese.
 - A: Really? How often do you eat it?